

INSTRUCTIONS FOR 2018 STATES AND REGIONAL ENTRIES

- 1) Download all of the documents in the State Packet to your computer and save them. You will need to complete all of the forms and email them to njusag@gmail.com before the due date of **2/1/2018**. **You do not need to print all of the forms this year.** **Print only the entry summary form.** Make ONE check out to **USA GYMNASTICS-NJ MENS** for all individual and team entries, and mail them to:
Matt Stevenson c/o
Surgent's Elite School
256 W. Westfield Ave
Roselle Pk., NJ 07204
Your entry is not complete until hard copy and check is received by mail.
Hard copy of entry summary form and entry fees are due by 2/20/2018
- 2) Please make sure you have updated all of your gymnasts and coaches information on the **Meet Reservation System**. **We will not be using paper entry forms.** The **Meet Reservation System** will also be used to enter regionals if your gymnasts qualify. Please enter all your gymnasts (no Level 4s) into regionals as soon as the reservation is open (around Feb. 1st). It is easy to cancel any gymnasts who do not qualify.
- 3) Complete the **ENTRY SUMMARY FORM**. This form will automatically calculate your entry fee by totaling your individual entries and team entries. Enter the number of gymnasts for each category in column B and the number of teams for each category in column E. You must have a minimum of 3 gymnasts to enter in the team competition. **There will be separate D2 and D1 team awards.** This form must be emailed (due 2/1/18) and **a hard copy must be mailed (due 2/20/18)**
- 4) Complete the **COACHES COLLARED SHIRT FORM**. Each registered coach will receive a free 2017 States Collared shirt. Only active coaches who plan to be on the floor will receive a shirt. Add your **GYMNASTS T-SHIRT** sizes to the attached roster. Email these forms by 2/1/18.
- 5) Complete the **SENIOR AWARD FORM** if you have any graduating seniors. Seniors and their parents will be recognized at the beginning of their session on Saturday. Email this form by 2/1/18.
- 6) **USA Gymnastics High School Athlete Recognition Program**- Fill out High School information sheet. Email this form by 2/1/18.
- 7) **REGIONAL ENTRY PROCEDURES:** You must be prepared to enter any qualified gymnast into regionals at the completion of the State Meet. The meet reservation system will be used for regional entry. Enter all gymnasts as soon as it opens (around 2/1/18). Please bring in 1 check per club made out to USAG-NJ Men's. No personal checks please. Qualifying scores will be posted on the region 7 website.
- 8) **INJURY PETITIONS TO REGIONALS.** For complete information go to: <http://usagymnastics.org/PDFs/Men/Rules/Rules%20and%20Policies/v-joprogram.pdf> Scroll down to section XI titled "PETITIONS".